

Critical Drop-In Programming

Wesley Centre is Hamilton's ONLY 7 day a week drop-in centre supporting homeless, street-involved and at-risk men and women move toward healthy independence.

Evidence shows that drop-in centres, particularly consistent programs like Wesley Centre, are effective supports for vulnerable, at-risk and potentially homeless people. Wesley Centre works with our shelter and community partners to ensure that there is a facility that can support people with critical services and help them to move toward independence. Wesley Centre works with unique individuals with unique challenges using a variety of approaches, skills and techniques to achieve success. We address immediate needs and help individuals develop long term solutions through connections to a variety of services and supports. **Wesley Centre is a critical resource supporting individuals in their journey toward independence.**

Integration into the Community

Wesley Centre is a one-stop shop offering a consistent, comprehensive and critical system of supports... a pathway to improvement for at-risk, vulnerable, street-involved, disconnected, and homeless men and women in our community. We collaborate with our partners and provide Wesley Centre: a daily point of access to support long term life transitions and to the community as a whole.

We develop important relationships with people that access our centre and engage them in a vital system of supports. Wesley Centre offers daily hands on work dealing with immediate and long term crises to support people with some of the most complex needs. The drop-in centre helps with practical and emotional support across all aspects of a person's life, often working with specific needs in core areas. **Wesley Centre is committed to offering a consistent system of supports that build skills for future success** – access to housing workers, public health and primary care, nutritious hot meals, socialization and recreational programming, counselling support, income help, as well as employment and career training that help move people toward long term, healthy independence.

\$1,000 A DAY IS NEEDED FOR WESLEY CENTRE
Sponsor a Day at Wesley Centre for just \$19.24 a week

Wesley Centre needs \$1,000 a day in new funding to ensure we are able to provide for over 250 people accessing Wesley Centre every day.

Every day:

- over 200 hot meals are served
- people have access to housing workers to find their own home
- individuals have help with job training, support and placement
- people are provided with counselling support and guidance
- recreational programs help to keep people engaged and active
- men and women receive health care support services

WE NEED YOUR HELP

\$1,000 a day will provide the annual funding needed to continue offering critical support systems at Wesley Centre. Your Day Sponsorship of Wesley Centre translates to just \$19.24 a week.

Can you donate \$19.24 a week? Can you help to keep Wesley Centre open for our community? Become a donor today and support long term solutions to future success and life independence.

Without \$1,000 a day in new financial support, Wesley Centre cannot continue to support at-risk and vulnerable men and women in our community. Contact us today to help at 905.528.5629, Ext. 244 or via email at tamara.coleman-lawrie@wesleyurbanministries.ca. Visit us at www.wesleyurbanministries.ca for more information.



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Information and Support

At Wesley Centre, it’s our job to know people. We know the value of getting to know those who need our help. The staff at Wesley Centre build strong relationships with people accessing our centre so that we are able to provide them with support and connect them to other services in the community.

Hot Meals

Wesley Centre provides hot meals everyday at lunch. In addition, our Sunday dinner program provides another meal each week to those in need. In total, Wesley Centre will provide approximately 80,000 meals each year.

Shower and Laundry Facilities

Wesley Centre offers free shower and laundry facilities on a daily basis to anyone who needs them.

Income Security

A staff member from the City of Hamilton’s Ontario Works office provides service at Wesley Centre throughout the week to provide help to those in financial need.

Permanent Housing and Supports

For those in need of permanent housing, Wesley Centre can refer individuals to the new Transitions to Home program. This program is a collaborative effort of all of Hamilton’s shelters and is managed by Wesley Urban Ministries. The program brings together a multi-disciplinary team that includes case managers, social workers, nurses, addictions counsellors and a recreation worker. By “wrapping around” services and supports, we can decrease the time it takes for individuals to move into permanent housing and increase the likelihood that individuals will remain housed. This program builds on research that shows once people get into stable housing, they will be able to focus on creating a healthier lifestyle - by entering into addictions treatment, becoming involved in social and recreational opportunities, getting a job, going back to school, volunteering and reconnecting with friends and family.

Social and Recreational Services

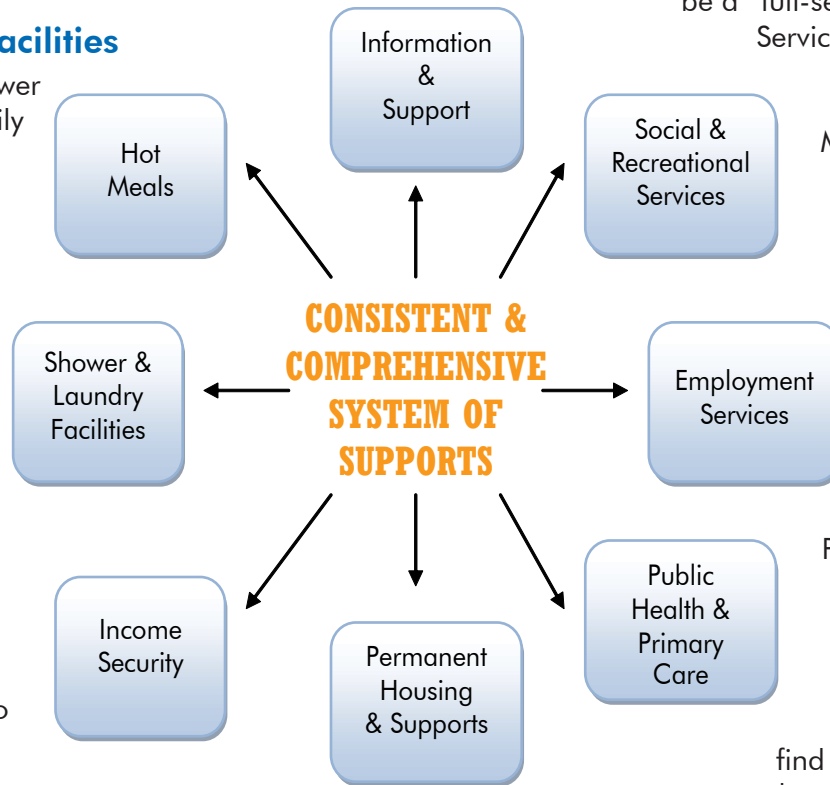
For those living with limited incomes, access to social and recreational services are important. Wesley Centre has daily programming that provides meaningful activity for many individuals. From art classes, to movies, to library programs and card tournaments the goal is to provide varied activities at no cost. In addition to the daily activities at Wesley Centre, we also promote other recreational activities such as the Homeless baseball league and the winter bowling league that are all offered free of charge.

Employment Services

The Employment Ontario Centre at Wesley Centre will be a “full-service” facility providing Client Service Planning and Coordination, Resource and Information, Job Search Assistance, Job Matching & Placement, as well as Job and Training Retention activities. Employment Services at Wesley Centre are available to anyone who needs them.

Public Health and Primary Care

Wesley Centre provides both Public Health and Primary Care services. Nurses and doctors are available to provide a number of supports and allow access to health services for those without a family physician or those who find it difficult to access services in other locations. Wesley Centre also partners with the Mental Health Outreach Team as a way of further supporting individuals in the community.



DECREASING BARRIERS... INCREASING OPPORTUNITIES